## JUNE 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	NOTE: In case you're wondering why I am making desserts nearly every day, I will be trying the new Carbalose flour and quite a few other new recipes in the next few weeks. Please don't be tempted to make all these desserts. This is not the way I normally eat and most of them will go into the freezer or be given away after testing.				10	11
12	13	14 Hot Dogs, Salad Burger Scramble Flo- rentine (thaw 4 c. diced chicken)	15 Portobello Mushroom Pizzas, salad (thaw 1lb. pork sausage)	16 Mushroom, Chicken & Sausage Casserole, Salad Mom's Fudge Brownies (thaw 1lb. pork sausage)	17 Sausage Gravy over low carb biscuits Easy Almond Flour Crisps (thaw 1lb burger, 1lb. Italian sausage)	18 Leftovers Mushroom Florentine Soup, Savory Artisan Buns Tuna Quiche with Dill (thaw 4 breasts)
19 Italian Casserole, Salad Easy Pound Cake	20 Green Enchilada Chicken, Salad Light Crepes with strawberries & Whipped Topping	21 Out for dinner Bavarian Apple Cheesecake (thaw frozen cooked pork roast)	22 Leftovers	23 Pork & Bell Pepper Stir-Fry with Hot & Sweet Sauce, Salad Awesome Individual Pizzas (thaw 2 whole chick- ens)	24 Leftovers Peanut Butter Protein Bars/Microwave Flax Crackers (thaw 2 c. diced chicken, 2 c. chick. broth)	25 Roast Chicken, Pork Rind Stuffing, Gravy, Broccoli Bacon & Swiss Quiche (thaw pollock, thaw brisket)
26 Creamed Chicken, Ha- ley's Nana Biscuits, Salad Best Pancakes (cook pollock)	27 Leftovers Crab Cakes, My Fa- vorite Coleslaw Mom's Chocolate Cake, whipped cream (thaw 6 pcs. bacon)	28 Oven-Smoked Brisket, Green Beans with Bacon & Mush- rooms, Salad Panna Cotta Variation (thaw 1lb. ground turkey)	29 Leftovers (thaw 8 oz. broccoli florets, 8 oz. cauliflower, 2 bacon, 8 thighs)	30 All-American Turkey Burgers, Half-Time Hamburger Rolls, Fast Fiesta Salad (thaw smoked salmon)		