FEBRUARY 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Josie's Pork Chops Alfredo, Broccoli, Salad	2 Leftovers (thaw 1lb. burger)	3 Lasagna Stuffed Pep- pers, salad (thaw 4 boneless breasts)	4 Green Enchilada Chicken, Salad Mushroom & Cheddar Quiche (thaw 1/2lb. smoked sausage)	5 Easy Jambalaya, salad Mushroom Florentine Soup
6 Leftovers Tuna Salad, Broccoli Salad (thaw 3 breasts, boil 4 eggs, make almond cookies)	7 Pizza Chicken, Salad, Tiramisu (thaw 1lb. burger, 10 oz. spinach)	8 Mexican Spinach and Hamburger Casserole, Salad (thaw 2c. diced chicken)	9 Leftovers	10 Creamy Mexican Casserole, Salad Sausage Quiche (thaw 4c. chick. broth, 1 lb pork sausage)	11 Easy Corned Beef & Cabbage, Vegetable Nacho Cauliflower Soup	12 Leftovers Full English Breakfast (thaw 4 boneless breasts)
13 Easy Cheesy Chili Chicken, Mexican "Rice", Salad (thaw 4 c. diced chicken, 1lb burger)	14 Sloppy Joe Pie, Mexi- can "Rice", Salad (thaw 1c. chicken broth)	15 Chicken Divan, Salad Ham & Swiss Quiche	16 Leftovers	17 Leftovers Bruce's Chocolate Peanut Butter Bars	18 Tuna "Rice" Casserole, Vegetable, Salad (thaw 1lb. pork sausage, 2lb. burger)	19 Burgers with Creamy BBQ Sauce, Radish "Potato" Salad (thaw 6 breasts, boil 4 eggs)
20 Portobello Mushroom Pizza, Salad Early Rise Breakfast (thaw 2lb. burger)	21 Chicken Fajita Salad, Cilantro Pepita Dip (marinate chicken in a.m., make dip, thaw 10 oz. spinach)	22 Leftovers Dottie's Burger Scram- ble Florentine	23 Leftovers (thaw 1c. chick. broth, 1 lb. burger)	24 Cabbage Roll Pie, Salad	25 Leftovers, Key Lime Fluff Tuna Salad (thaw 4 breasts, boil 4 eggs)	26 Parmesan Chicken, Salad (thaw pork roast, 3c. chicken broth)
27 Mock Potato Soup, Salad Cheddar & Onion Quiche	28 Pork Roast, Broccoli Casserole, Salad (thaw 1lb. burger)					